

Living Well Medina County Meeting

June 5, 2019

9:00am

CHIP Action Team Updates

Chronic Disease CHIP Action Teams Update

Strategy 1

Met as a group as their goals were similar across all teams (Diabetes, Heart Disease, Obesity)

- Consistent messaging about healthy eating
- We have the 4th healthiest county in Ohio
- Blood pressure cuffs on donation will be available from the Health Department
 - Not a medical intervention but may encourage them to contact a medical professional; “know your numbers”
- Reward businesses and organizations for being healthy- “Healthy Designation”
 - Chef’s Corner was added to the livingwellmedinacounty.com portal
 - Committee creating a designation/criteria for ‘getting caught being healthy’
 - If interested in joining this committee please contact Kristen Hildreth at khildreth@medinahealth.org

Mental Health/Addiction

Suicide/Depression

Strategy 1

- Devan Althen hired as Prevention Specialist at Alternative Paths
- Trained over 100 people in QPR as Devan is a QPR trainer
 - If anyone would like to have QPR training for her staff please contact Devan; it is a 1-2 hour training depending on wanting role playing training; please contact Devan at Alternative Paths if you are interested at 330-725-9195
- Coaster and cling campaign were completed and have been passed out throughout the county as statistics indicate that middle aged males are the highest rates of suicide in our County
 - Contact Devan if you would like some of either of these and please let her know where you will be placing these as we are keeping statistics
- Over 400 people registered for our Stomp Out Suicide walk this year
- Video contest this year as well was very well received
 - [Here](#) is a link to the video winners for this year
- Grant received for a grief series this year as well in partnership with Cornerstone of Hope
 - Ad will be in the Gazette for this as well

- Contact Devan for registration

Mental Health/Bullying

Strategy 1

- Worked on encouraging all agencies to update 211
- Crisis line reimagined- not necessarily acute crisis but looking for resources
- Crisis and behavioral health helpline (reimagined name created by Alternative Paths)
- Met with care coordinators and social workers with Cleveland Clinic and embedded LSW in ED at hospital for more education and awareness
- Met with all school counselors in County
- Met with Health Dept and established 2 pathways for those with mental health needs
 - Adopting Columbia suicide severity rating scale
 - Tracking data since the change and May 2019 compared to May 2018 and the crisis contacts have increased 112 percent
 - Also calling people for follow up as well

Strategy 2

- [Hope Squad](#) will be piloted by Medina City Schools in the middle schools and high school next year to assist with suicide prevention programming
 - [Here](#) is a video of Hope Squad on NBC Nightly on news
- Assessing current programs in schools and community for bullying prevention
- Creating database for evidence based programs in community for 2019 school year

Alcohol/Tobacco Use

Strategy 1

- A number of programs currently in place in community
 - Botvin curriculum in schools
- Tobacco prevention grant received by Health Department
- Community Share Cluster funded for next school year
- Health Department and Juvenile Court partnering to look at juveniles using tobacco
- Medina City Schools looking at pilot with Court and Health Department

Other Items/Discussions

- OSU Extension will look at their information to see if some of their items can be shared on livingwell.com

